Contestant: **L-4**

Imagine doing what you love and then suddenly having a tragedy happen to you that you don’t think you’ll be able to recover from.

On May 18, 2015, James Hinchcliffe suffered an injury while practicing for the Indy 500.

“One of the steel suspension pieces came through the car,” Curt Cavin, vice president of communications for INDYCAR said. “[It] came through his hip, went through his body and came out the other side.”

Hinchcliffe was able to recover quickly because of the rescue team’s fast actions. He was back in a car in Sept. 2015.

“He was back in a racecar to test in Sept.,” Cavin said. “Unbelievable.”

Hinchliffe believe you should take chances and step out of your comfort zone. After his accident, he signed up for Dancing with the stars.

“He has said, ‘I would not have done this prior to my accident,’” Cavin said. “‘It gave me a new sense of purpose.’”

With his story, Hinchcliffe has made a name for himself.

“Hinchcliffe is great because he understands that he represents the sport,” Cavin said. “He has created things, a brand, for himself, so he now, by dancing, he has created a situation where more people know who he is.”

Cavin notices how incredibe Hinchcliffe his though his actions.

“It is phenomenal that this person is alive today, Cavin said. “And is holding on to a really good career.