



with
Carly Grandcolas

Q What things do you do at track meets to pass the time between events?

A Between events, I go relax in my sleeping bag with my Pillow Pet. I also talk to my friends, listen to music and cheer on my teammates.

Q What motivates you to work hard and do well at your track and field events?

A My teammates are my biggest motivators. I am so fortunate to have them to train and compete with.

Q What are some of your best track memories so far?

A Qualifying for Texas Relays and breaking the school record for triple jump were great, but most of all I love training and competing with my sister, Corinne.

Q How has training and competing with your sister, Corinne, affected your relationship?

A We have such a good relationship on and off the track. I couldn't ask for a better competitor or fan.

Q Through track and field, what do you hope to accomplish in the future?

A My goals are to go to State in an event before I graduate and also to get the chance to run or jump at the collegiate level.

pass it on
As the last leg of the varsity 4x100-meter race, junior Grace Weghorst is handed the baton from senior Leslie Rice during Dragon Relays at Round Rock High School on March 3. "I love that I've been running my relay with some of the same girls for years," Rice said. "It's really awesome to have that team experience in a seemingly individual sport."

go for gold
At Chap Relays, freshman Michelle Irvin runs the last leg of the JV 4x100-meter relay, finishing strong with another Chap victory.



chris bull



casey simmons



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leap of faith
1 Placing third in varsity high jump at Chap Relays, sophomore Corinne Grandcolas clears the bar with ease. "The best feelings in high jump are when you know you have cleared the bar," Grandcolas said. "Also it feels good watching your competitors knock down the bar." 2 Varsity junior Kamri Ball long jumps for the Chaps at Dragon Relays on March 3. 3 At Chap Relays, sophomore Kenna Stanley helps set up the team to win as the first leg of the varsity hurdle relay.



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1. laura gilligan 2. casey simmons 3. laura gilligan



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photos by laura gilligan

eyes on the prize

1 At Chap Relays, varsity sophomore pole vaulter Anne Lampmon clears the bar. "I have made so many new friends from pole vaulting," Lampmon said. "All the pole vaulters are like a family." 2 Freshman Sydne Fowler flies over the hurdles during the varsity 100-meter hurdle race at Chap Relays. 3 During the varsity open 100-meter race at the tri-meet held on Feb. 15 at the Westlake stadium, freshman Lauren Turner wins for the Chaps.

high expectations
Nicole Summersett becomes a record-breaking vaulter

As the 10-year-old stood up, people all around her cheered. She looked back to find the bar still in its place. A smile of pride crept upon her face. She had cleared her first jump, and at that moment Nicole Summersett knew she wanted to be a pole vaulter.

"In fifth grade I wanted to do pole vaulting because it's a sport that is different and thrilling," said Summersett, now a freshman.

Pole vaulting wasn't only a love for Summersett — it ran in the family. Summersett's father was a collegiate vaulter at the University of Texas at Austin.

"My dad coached me when I started pole vaulting," Summersett said, "but as I got older, it got harder for us to get along."

Though sometimes coaching and parenting could sometimes be a little rocky, Summersett still appreciated her dad.

"My dad is a huge influence," Summersett said. "Though there is a lot of pressure from him, I could not be doing what I love to do without him."

With her dad cheering her on from the sidelines on March 24 at the Highland Park Relays, Summersett broke the Westlake record for girls pole vaulting with a height of 12-4.

"It meant a lot to me because I have been working so hard for it," Summersett said, "and it felt awesome to know that all my hard work had paid off."

With a bright future ahead, Summersett hoped to achieve her ambitious dreams of gold.

"In the future I hope to be able to pole vault in the Olympics or get sponsored by Nike," Summersett said.

No matter what the future held for Summersett, she loved the freedom pole vaulting gave her.

"In those few moments when you're flying through the air, nothing else matters but what is right in front of you," Summersett said.



Nicole Summersett, 9

casey simmons