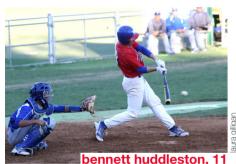
batter



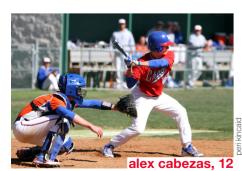
"Before I go up to bat and while I'm in the batter's box, I just take a deep breath and tell myself to be aggressive."



"My motto is work hard, play harder. In the batter's box, I concentrate on the ball and hit it hard. I work hard to perfect my swing and play even harder on the field."



"I think of nothing when I go up to bat. The more things I think about, the harder it is to concentrate on just hitting the ball."

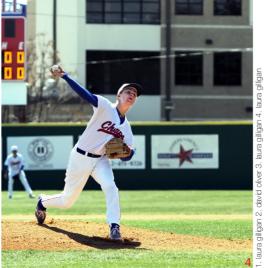


"I like to go up to bat with a direct approach or plan. Then when I'm in the batter's box, I just react to the pitch. My plan is see the ball, hit the ball,









it's only weird if it doesn't work

From avoiding foul lines to wearing necklaces, Chaps live by supersitions

Justin Verlander of the Detroit Tigers ate three Taco Bell Crunchy Taco Supremes before every game. Former New York Yankees centerfielder Joe DiMaggio always ran from the outfield and touched second base before going to the dugout.

From the pros all the way down to Little League, superstitions have been a big part of the game. True to form, varsity baseball team members had their own set of quirky rules they played by.

"I don't step on foul lines, and I have the same pitches in warm-ups," junior pitcher Paul Kirkpatrick said. "I had a team that never stepped on the foul lines, and that just stuck with me. I threw a no-hitter with that routine, so I just kept doing it."

Other Chaps had quirky rituals for luck.

"I sleep with my bat every night, and I have to kiss my momma at least one time before every game," senior pitcher Jacob Lentz said. "I also tie seven knots in my shoes because I've always been number 7."

These traditions transformed from trivial charms to game-day routines. Some players believed that if they stopped performing their rituals, it would cause

them to play badly.

"I do those things just because it's a habit and I feel like if I don't, I won't play well," Lentz said. "The last thing you want after a bad loss is to feel like you played poorly because you only tied six

Along with his players, first-year coach Jeff Montgomery had game-day superstitions he believed would bring his team luck throughout the

"I wear the same belt to every game," Montgomery said. "I have a plethora of belts, but I wear the same leather belt to every game."

Senior center fielder Alex Cabezas had both quirky superstitions and sentimental talismans that he made sure he used before and during games.

"I don't like to wash my pants during a tournament," Cabezas said, "and I have to wear my grandma's necklace."

Although they may seem a bit far-fetched to some, these superstitions promoted individual success on the field, boosted the players' confidences and – sometimes – helped lead the team to victory.





"There's never a dull moment around Coach Montgomery. This year will be a memorable season for everyone." duncan brown, 12

some more

"Our team

does the same

tradition before

every game: we

recite our prayer

all kneel and

takenaka, 11

to be around

them."

as a team.



"The best part about our team is the team camaraderie. Everyone is supportive, and we have really learned to mesh as a group." dickey, 11







1. laura gilligan 2. peri kincaid 3. laura gilliga

124 | practice, compete & then some | varsity baseball by Peri Kincaid & Laura Gilligan

Kirkpatrick said.

from that game," Cunningham

said. "It was a close game, and

we lost, but we learned what it

2 Watching the pitcher, senior

first baseman Wes Nicol stands

in the batter's box on March 2

against MacArthur. "Up at bat,

the more I think, the worse I

hit," Nicol said. "I try to keep

my mind clear and only focus

on the ball." 3 Stealing third,

junior first baseman Dylan

Black slides during the game

17-5. "You're seconds away

from either being safe or get-

ting out," Black said. "So the

only thing you can do is run

fast and slide hard."

against Belton. The Chaps won

takes to win close games."