

Saudia Arabian expresses religion through fashion

By August Mckernan

amckernan@borahsenator.com

Students at Borah choose to express themselves through fashion in sometimes odd manners. One student chooses to adorn her head with colorful 18 inch horns that scrape the ceiling while another attaches a cat tail to her pants. But some use dress to represent culture and religion.

Senior Bashayr Alotaibi dons an abaya and hijab to school every day. An abaya is a black robe-like dress and a hijab is a head covering worn in public by most Muslim women.

A large swath of black fabric covers the body and a headdress reveals only the eyes; most Muslim women dress this way in public.

Alotaibi and her family moved to America from Saudi Arabia looking for better education about three months ago.

Once she and her family were settled here, she said she had a hard time making friends. She said people looked at her strangely in the hallways because of the way she dresses.

Bridge counselor Matt Rutte said he thinks the way Muslim students at Borah dress affects them "no more than it affects any other student."

Alotaibi has remained steadfast in her decision to dress traditionally.

She said she dresses this way to adhere to her reli-

gion, Islam. She said Muslims, followers of the Islam religion, believe that women have to cover their bodies in public, so they don't attract anyone but their husbands.

Becky Woodland, Borah's social worker said, "I think it's great they're willing to back up their religious beliefs through their dress."

She said she believes their dressing traditionally "helps connect them to their culture."

Woodland also said she thinks that dressing the same way helps connect students like Alotaibi with their group of friends because they most likely share the same religion and culture. She said it "helps them identify with each other."

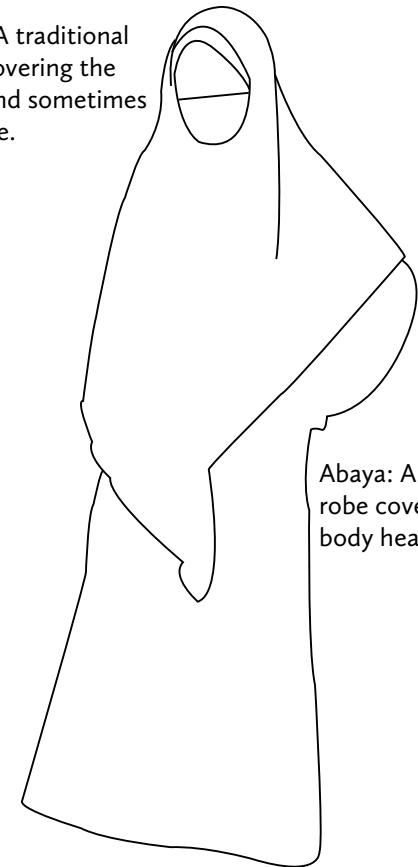
Some students at Borah mix traditional clothing with Western dress.

They may wear Western clothing, like jeans and a sweater, except for a headdress or the other way around. Alotaibi said she believes that as long as people are comfortable with what they are wearing, then it's fine.

Alotaibi came to America with most of her current clothes in her suitcase. She said if she wanted to buy new clothes, she would have to go all the way back to Saudi Arabia.

Although there are some shops in town that sell Muslim clothing, those shops only sell traditional, black abayas. Alotaibi said she prefers blue for her abayas.

Hijab: A traditional scarf covering the head and sometimes the face.



Abaya: A loose robe covering the body head to toe

Graphic by Savannah Harrelson | sharrelson@borahsenator.com

HOW TO Make a yummy homemade latte or mocha

By Brittany Perry

bperry@borahsenator.com

If you are looking for a cheap, easy, solution for a mocha or a pumpkin spice latte, then here's an easy way to do so.

Pumpkin Spice Latte

Ingredients:

1. Milk (2 Cups)
2. Canned Pumpkin (2 tablespoons)
3. Sugar (2 tablespoons)
4. Vanilla Extract (2 tablespoons)
5. Pumpkin Pie Spice (_ teaspoons)
6. 1-2 shots espresso (about _ cups of espresso or _ cups of strong, brewed coffee)

Directions:

1. Combine milk, pumpkin, and sugar in a saucepan
2. Cook three items on medium heat
3. Stir, until steaming
4. Remove from heat
5. Add vanilla and spice
6. Move all mixed ingredients to blender
7. Blend for 15 seconds, until foamy (If you don't



have a blender, whisk ingredients)

8. Pour mixture into cup/mug
9. Add espresso on top and enjoy!

Mocha

Ingredients:

1. Fresh ground coffee beans, or instant coffee
2. Chocolate syrup, or chocolate drinking powder
3. Sugar (add to taste)
4. Ice (optional)
5. Whipped Cream (optional)

Directions:

1. Make however much coffee you want
2. After the coffee is finished, pour into coffee cup/mug
3. Stir coffee
4. Heat milk on stove top/microwave
5. Pour milk into coffee
6. Pour desired amount of chocolate syrup into cup
7. Pour desired amount of sugar into cup
8. Stir everything and sip up!

One Direction

'One Thing' the boys are doing seems to be putting them in the pop music spotlight

By Kate Moore

kmoore@borahsenator.com

One Direction (1D) is quickly becoming the hottest boy band around, surpassing many other boy bands and popular artists such as Justin Bieber, but also befriending them along the way.

The members recently released a new album "Take Me Home." On popular sites like Tumblr and Facebook, people are commenting on how this new album is much better than the previous one, "Up All Night".

On 1D's new album they have a song called "Little Things" which Ed Sheeran actually wrote originally, when he was 17.

The band recently had an act at the Olympics, performing "What Makes You Beautiful" and surprising many fans.

The band is made up of five members—Louis Tomlinson, Zayne Malik, Liam Payne, Niall Horan, and Harry Styles.

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